



REFLECTIONS ON PLANNING AND PROGRESS

Supervisor name											
Candidate session number	0	0									
Candidate name											
School number			0	0							
School name											
Examination session (May or November)						Year					

Candidate: From May 2018, please refer to the 'Extended Essay Student Guide' when completing this form. This form is to be completed by the candidate during the course and completion of their EE. This document records reflections on your planning and progress, and the nature of your discussions with your supervisor. You must undertake three formal reflection sessions with your supervisor: The first formal reflection session should focus on your initial ideas and how you plan to undertake your research; the interim reflection session is once a significant amount of your research has been completed, and the final session will be in the form of a viva voce once you have completed and handed in your EE. This document acts as a record in supporting the authenticity of your work.

The completion of this form is a mandatory requirement of the EE for first assessment May 2018. It must be submitted together with the completed EE for assessment under Criterion E.

Supervisor: You must have at least three reflection sessions with each candidate, one early on in the process, an interim meeting and then the final viva voce. Other sessions are permitted but do not need to be recorded on this sheet. After each session candidates must record their reflections and as the supervisor you must sign and date this form.

Reflections on planning and progress	Candidate comments	Date	Supervisor signature
First reflection session	I have always had a strong interest in the 'Nature' vs. 'Nurture' debate. Studying in the international school context, I am surrounded by many students that are growing up in an environment that is different to their genetic inheritance and I thought this would be an interesting topic to further research for my extended essay. This topic best sits in the subject group Psychology. My supervisor has advised that I narrow my research and suggested a few sources that may help me do this.		



Interim reflection	<p>After reading further on the topic I have decided to examine the origins of prejudice through the nature vs. nurture debate. In other words to question whether prejudice emanates from the individual or the social environment. My supervisor suggested I manage my time appropriately and I have made an outline of areas of research and a timeline of when I must complete actions by. Although, it was scary to see how much I have to do, it feels achievable when seeing it in my plan. I have handed over an initial draft to my supervisor for her comments.</p>		
Final reflection – viva voce	<p>I am happy with the result of my extended essay. The final essay was a huge improvement from my initial draft and I think this was because towards the end of the process I became very comfortable with the subject matter. I would have liked to explore this topic further and examine moderating strategies for prejudice reduction but that was beyond the scope of this essay. I feel like I have learned so much during the process of researching and writing this essay. I have a better understanding of the concept of prejudice from both a personal and societal view. In addition, I understand my own studying characteristics and what areas work well for me and what areas need improvement.</p>		



Supervisor's comments:

The student was able to successfully transform a primarily descriptive draft to a well thought out, persuasive essay.

Candidate's declaration

This declaration must be signed by the candidate; otherwise a grade may not be issued.

The extended essay I am submitting is my own work (apart from guidance allowed by the International Baccalaureate).

I have acknowledged each use of the words, graphics or ideas of another person, whether written, oral or visual.

I am aware that the word limit for all extended essays is 4000 words and that examiners are not required to read beyond this limit.

This is the final version of my extended essay.

Candidate's signature	Date
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Supervisor's declaration

This declaration must be signed by the supervisor; otherwise a grade may not be issued.

I have read the final version of the extended essay that will be submitted to the examiner.

To the best of my knowledge, the extended essay is the authentic work of the candidate.

I spent hours with the candidate discussing the progress of the extended essay.

Supervisor's signature	Date
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